

CAMPING PACKING LIST

WEAR IN TRANSIT

- Uniform Shirt
- Neckerchief & Slide*
- Hiking Boots
- Hiking Socks
- Pants/Shorts

CLOTHING

Base Layer

- Underwear
- Extra Socks
- Short Sleeve Shirt (Not Cotton)
- Long Sleeve Shirt (Not Cotton)
- Extra Pants/Shorts

Insulating Layer

- Jacket (Fleece)
- Sweatshirt/Sweater
- Hat

Waterproof Layer

- Rain Gear: Hat, Coat, and Pants

SHELTER

- Sleeping Bag
- Foam Sleeping pad
- Pillow
- Folding Camp Chair

Tents will be provided by the Troop
*Neckerchiefs provided by the Troop
when earned.

FOOD & WATER

- Trail Food/Snacks
(Troop to provide meals)
- Bag to hang food in tree
(keeps it away from critters)
- 2 Water Bottles + Water
- Eating Utensils (fork, spoon)
- Mess Kit
(unbreakable plate, cup, bowl)

TOILETRIES

- Toothbrush
- Toothpaste
- Sunscreen
- Lip Balm (i.e. Lip sol or Blistex)
- Soap in Container
- Packet of Tissue & TP
- Towel/Hand Towel

OTHER GEAR

- 10 Essentials (See page 2)
- Scout Book
- Flashlight (see page 2)
- Spare Batteries and Bulb
- Sunglasses
- Note Pad & Pencil
- Personal First Aid Kit (see page 2)
- ID Card (If you have one)
- String/Parachute cord
- Gallon size Ziploc bags to store gear

10 Outdoor Essentials:

__ Pocket Knife	Folding blade knife, not sheath type.
__ First Aid Kit	Band-Aids, Moleskin & Neosporin (see list below)
__ Extra Clothing	A change of clothes; shirt, pants, socks, underwear, sweater
__ Rain Gear	Poncho – able to cover backpack: fabric type, no thin plastic and/or Rain Suit with waterproof hat, pants and jacket.
__ Water Bottle	Personal Water for drinking & cooking
__ Flashlight	Extra batteries and bulb - recommend AA type or 'headlight' Avoid 'crank type' battery-free lights.
__ Trail Food	Trail mix, granola bars, etc. For emergency use only.
__ Matches	Store in watertight container, or get waterproof type.
__ Fire Starters	Small candle or wax dipped cardboard, egg crates, etc.
__ Sun Protection	Sunscreen & sunglasses
__ Map & Compass	Map of area & liquid filled compass with plastic bearing finder

Basic Personal First Aid Kit

Item	Qty	Use
Adhesive bandages	6	<i>Keep wound clean</i>
Sterile gauze pads, 3-by-3 inch	2	<i>Larger wounds</i>
Adhesive tape	1 small roll	<i>Hold pad in place</i>
Moleskin, 3-by-6 inch	1	<i>Blisters</i>
Soap	1 small bar	<i>Wash skin</i>
Antiseptic	1 small tube	<i>Sterilize exposed skin</i>
Scissors	1 pair	<i>Cut gauze or tape</i>
Latex gloves	1 pair	<i>For bleeding or wound care</i>
Mouth-barrier device	1	<i>Rescue breathing or CPR</i>
Plastic goggles or other	1	<i>Protect eyes</i>
Pencil and paper	1 each	<i>Log treatments & details</i>